

CLIENT INTAKE FORM

Informed Consent and Massage Policies

Initial

I understand that the massage I will be receiving at Soak Spa & Foot Sanctuary is for the purpose of stress reduction, relief from muscular tension or spasm. I understand that the massage therapist does not diagnose illness, disease, or any further physical or mental disorders. As such, the massage therapist does not prescribe medical treatment or pharmaceuticals, nor do they perform spinal manipulations. I understand that massage is not a substitute for medical treatment, chiropractic treatments or diagnoses and that it is recommended that I see a physician for any physical ailments that I may have.

Initial

I acknowledge that the information I have provided on this form is correct and current to the best of my knowledge. I understand that it is my responsibility to inform the massage therapist or esthetician of any changes to this information. I understand that if I experience any unusual discomfort and/or pain during my massage sessions it is my responsibility to inform the massage therapist so that they can adjust the pressure or technique being used.

Initial

I understand that my feedback on pressure, warmth, and anything I do not like during the massage is essential in order for the massage therapist or esthetician to help make my time here as rewarding as possible. I also understand Soak Spa & Foot Sanctuary requires proper draping to be used at all times during the massage or facial. The practitioner reserves the right to stop the massage or facial at any time that they feel the massage or facial is not being portrayed in a Therapeutic way. If the therapist has to stop their service for improper conduct you will still be charged for the full time you had scheduled.

Privacy Policy

All written records and service sessions are kept strictly confidential and will not be shared with any outside establishment, individuals, organizations, or medical facilities without explicit written consent from you (the client) or the client's legal guardian. Unless legally required by local, state, or federal subpoena, summons, or other court order.

Cancellation Policy and Fees

Because at Soak Spa & Shop we want you to feel completely at ease and relaxed, we reserve a time that is special and meant only for you. We value your business and ask that you respect the spa's scheduling policies. Should you need to cancel or reschedule, please notify us at least 24 hours in advance. A card must be put on file at time of booking to hold the appointment. Cancellations of less than 24-hours will be charged a 50% fee. No shows will be charged the full amount. Gift Certificates will be reduced by the appropriate amount.

After Massage Instructions

It is important to drink lots of water the following 24 hours after massage to help reduce soreness or achiness. Water also helps to replace fluids lost during a massage session, flushes out toxins that are released from the tissues into the blood, help to delude toxins as well as speed up the elimination of toxins, helps to avoid dehydration, dizziness, and possible nausea. Alcohol, sodas, and coffee do not count as water. It is also beneficial to stretch in-between massage sessions to promote progressive improvement of conditions.

Facial Post Care

Drink plenty of water and wear SPF daily. Avoid direct sunlight and tanning beds for 48 hours after all exfoliation, including waxing. Following a skin care regimen at home will insure continued health and improvement of your skin. Chemical Peels may be performed four weeks apart from each other or two weeks from any other service. Microdermabrasion or Dermaplaning may be done two weeks apart from any other advanced skin care service.

X _____

Client Signature

Date

X _____

Signature of Parent or Guardian for children under 18

Date